



# School Lunch Menu - from 3rd July 2017

Starting with week 1



Week 1		Monday	American Diner Day	Wednesday	Thursday	Friday
Dinner	Meat Opt	Spaghetti Bolognaise	Hot Diggity Dogs	Roast Chicken, York puds. or	All Day Breakfast	Fish Fingers
	Veg Option	or Quorn Bolognaise	or Cheeky Mac N Cheese	or Quorn Fillet + Yorkshire Pud	or Veg. All day Breakfast	or Folded Omelette
Pasta Pots		N/A	N/A	BBQ Chicken Cheese	N/A	Cheese Tuna Mayo
Jacket Toppings		Baked Beans Cheese	Cheese 'N' Beans	N/A	Baked beans Sausage	N/A
Served with		Garlic Bread Salad Bar	French Fries American Sweetcorn Salad Garlic Bread	Roast potatoes, carrots, peas	Hash brown, Bkd Tomato, Bkd beans	Chips ,Salad Bar, Peas + Sweetcorn
Pudding		Chocolate Sponge+ Choc Sauce	American Pancakes/Ice Cream Pots	Fresh Fruit Pots	Pancakes with Syrup	Iced fruit smoothie

Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Meat Opt	Mild Chicken Tikka	Fish Fingers	Roast Beef + Yorkshire	Pepperoni Pizza	Chicken Bites
	Veg Option	or Sweet Potato & Lentil Curry	or Summer Vegetable Swirls	or Golden Vegetable Loaf	or Cheese + Tomato Pizza	or Vegetable Nuggets
Pasta Pots		N/A	N/A	Cheese Tuna Mayo	N/A	Cheese Ham
Jacket Toppings		Chicken Cheese	Baked Beans Sausage	N/A	Tuna Mayo Ham	N/A
Served with		Naan Bread, Basmati Rice	Herby Diced Potatoes, Peas, Salad bar	Roast Potatoes Carrots, Green Beans	Coleslaw Pasta Salad	Chips ,sweetcorn, salad bar
Pudding		Banana Cake + Custard	Fresh Fruit Pots	Fruit Ice Lolly	Summer Fruit Jelly	Melting Moment Cookie

Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
Dinner	Option 1	Tomato & Mozzarella Pasta Bake	Chicken & Sweetcorn Pie	Roast Turkey Yorkshire Pud	Battered Fish Fillet	Butchers Pork Sausages
	Option 2	or Macaroni Cheese	or Cheese & Tomato Tart	or Quorn Fillet + Yorkshire	or Pepper & Sweetcorn Quiche	or Quorn Sausages
Pasta Pots		N/A	N/A	Ham Cheese	N/A	Cheese Tuna Mayo
Jacket Toppings		Cheese Beans	Chicken Tuna	N/A	Sausage Beans	N/A
Served with		Garlic bread Salad bar	New Potatoes, mxd.veg, salad bar	Roast Potatoes Carrots Broccoli Salad Bar	Mash potato, Peas, salad bar	Chips Beans ,salad bar
Pudding		Pineapple Upside Down Cake	Wedges of Mixed Melon	Ice Cream & Strawberry Sauce	Summer Berry Eves Pudding + Custard	Angel Delight

A selection of breads , fruit juice, water and milk are also available every day.

There are also some portions of fruit/yoghurts available.

# DINNER MENU -Summer 2017

Please find below our dinner order form for **3rd July to 21st July 2017**.

Please return the completed form to the school office by **Wednesday 28th June**  
Orders received after this date are unable to be processed.

[The form can be completed electronically and returned to the email address dinners@stlukeschurch-cp.essex.sch.uk](mailto:dinners@stlukeschurch-cp.essex.sch.uk)





## St Luke's School Dinner Order Form

Name of Child: \_\_\_\_\_

Class: \_\_\_\_\_

Please tick the correct box to indicate when you would like your child to order a school dinner.

w/c	Monday 3rd July 2017				
Menu Week 1	Monday	 	Wednesday	Thursday	Friday
Option 1					
Option 2					
Pasta Pot	N/A	N/A		N/A	
Jacket Potato			N/A		N/A

w/c	Monday 10th July 2017				
Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1					
Option 2					
Pasta Pot	N/A	N/A		N/A	
Jacket Potato			N/A		N/A

w/c	Monday 17th July 2017				
Menu Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1					
Option 2					
Pasta Pot	N/A	N/A		N/A	
Jacket Potato			N/A		N/A

My child is in Foundation, KS1 or entitled to Free School Meals:

School Dinners cost £2.00 and Jacket Potatoes/Pasta Pots cost £2.00.

I enclose cash / cheque:

Amount enclosed: £

I have paid online:

Please email to [dinners@stlukeschurch-cp.essex.sch.uk](mailto:dinners@stlukeschurch-cp.essex.sch.uk)