

PE Policy



This policy is intended to be read by teachers, teaching assistants, parents, governors, inspectors, support staff and staff from other schools with which we may have links.

Date Approved: Summer 2016

Date of Review: Triennially, Summer 2019

Introduction

In accordance with the Education Reform Act 1988, and subsequent Education Acts, school must provide Physical Education as part of the National Curriculum for all registered pupils.

This policy outlines the teaching, organisation and management of the PE taught and learnt at St. Luke's C of E Primary School. It reflects the school's values and ethos. The policy has been drawn up after staff consultation and has the full agreement of the governing body. The implementation of the policy is the responsibility of all the teaching staff.

Our vision

To create a caring Christian community in which all individuals feel valued, supported and respected, and where potential is recognised and developed.

Rationale

All school policies form a public and accountable statement of intent. This policy is intended to create an agreed whole-school approach of which staff, children, parents, governors and other agencies have a clear understanding. It reflects the essential part that PE plays in the education of our children. It is important that a positive attitude towards PE is encouraged among all children and staff in order to foster self-confidence and a sense of achievement. The policy also explains how we, as a school, meet our legal requirements in this subject area.

Aims of teaching

- * To develop an ability to plan a range of movement sequences, organise equipment and apparatus, and begin to design and apply simple rules.
- * To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- * To promote positive attitudes towards health, hygiene and fitness.
- * To foster positive attitudes to participation in competitive sport, winning modestly, losing with dignity and always playing fairly.
- * To develop an appreciation of taking part in physical activity safely.
- * To develop psycho-motor skills through a range of relevant movement based activities.
- * To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.

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* To foster an enjoyment, and positive attitude to, the subject.

Objectives

- * Children will participate in a range of movement activities in order to develop personal physical skills.
- * Children will be made aware of their body in relation to both others and their immediate environment and aim to develop the quality of their movement.
- * Children will be made aware of simple physiological changes that occur to their bodies during exercise.
- * Be given opportunities to develop imagination and co-operation to achieve shared goals.
- * Be given opportunities to develop personal characteristics like initiative, self-reliance and self-discipline.
- * Be given opportunities to enjoy and succeed in the subject as well as to be stimulated and challenged.
- * Be given the opportunity to develop areas of activity of their choice in some lessons and extra-curricular time.

Organisation

The curriculum in this subject has been organised to ensure that children have access to the areas specified in the New National Curriculum 2014 and go beyond its statutory requirements. As a school we also follow the objectives from 'Focus Education.'

Training and support

Specialist members of staff always aim to keep abreast of new movements and initiatives, and the school plays an integral part of the Tiptree and Stanway Consortium PE Group (set up in September 2015). PE funding has also been allocated in sustainable ways to provide staff training as well as a range of coaching opportunities from which staff have up-skilled themselves and created medium term plans. See funding grid for further details.

Differentiation

The main strategies for differentiation are based on the principles of changing one of the following:

Space

Time

Equipment

People

Assessment / Monitoring

Assessment of children's achievements is continuous and ongoing and should involve the children themselves. Assessments are mainly done during lessons through direct observation. Assessment aims to determine each pupil's strengths, weaknesses and needs and is used to enhance planning.

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Inclusion

Children with special needs will be included in any PE lesson. If a scheme of work or lesson plan needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable).

Health and Safety

It is important that we understand that the safety of children in lessons is of paramount importance. Risk assessments are carried out at the beginning and during each session by the member of teaching staff.

Timings

The time allocated to PE has generally been maintained at 2 hours per week. Ideally all children will still receive this time allocation on a weekly basis.

Role of the Coordinator

The role of the PE Coordinator involves

- * Supporting staff in producing a flexible scheme of work, with lesson ideas to support its implementation if required.
- * Maintaining and replacing equipment.
- * Assisting with recording keeping and assessment of the subject as required.
- * Monitoring the teaching of the subject at school.
- * Attending meetings and courses, which will inform the future development of the subject and ensure that other staff are aware of courses themselves.
- * Ensuring that pupils have the opportunity to become involved in extra – curricular clubs to further develop skills and talents.
- * Ensure standards of learning and teaching remain high in each year group through effective monitoring of the subject.

Teaching Methods

All lessons throughout the school are taught as class groups. Lessons are normally taught by the class teacher, but some year groups may on occasion be taught by an external teacher or by their own teacher working alongside a sports coach. Swimming lessons are always taught by a specialist swimming teacher.